



Wondertime Instant Journal

With the weather cold and the days short, take your child outside to consider the night sky—all those tiny lights in an infinite universe—and make a wish upon a star.

Ask your child what she wishes.

What do you wish for your child? (For today, and when he grows up.)

Make a list of your child's favorite:

things about winter

bedtime stories

lullabies

ways to get cozy

Make It Now

Give your child a box of crayons and ask her to draw the night (you may want to offer glue and glitter too). Then cut her silhouette from a photograph, glue it to her drawing, and ask her to describe how the night makes her feel, writing down her response verbatim.